

Mixed Berry Sorbet

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Recipe

2 cups each of strawberries (capped and quartered), blueberries, raspberries and blackberries. If you are missing any of the four, add more of the others

One quarter inch of fresh ginger, peeled

One quarter to half a cup raw, organic agave

One whole lemon, zested and then cut in half

1 tablespoon of vanilla extract

One quarter inch vanilla pod scraped of seeds, optional

Process all of the ingredients, except the vanilla seeds and lemon zest, together in a blender. Strain out the seeds, if you desire. Then add in the vanilla seeds and lemon zest. Taste and add more agave if you like.

Freeze in a commercial ice cream machine per the manufacturer's directions or pour into popsicle molds.